

CARE OF MOUTH AFTER EXTRACTION

***DO NOT RINSE MOUTH TODAY.** Begin rinsing mouth gently with salt water or $\frac{1}{2}$ hydrogen peroxide and $\frac{1}{2}$ water, after 24 hours...especially after meals. Continue rinsing for several days.

BLEEDING: Following extraction, bleeding for several hours is to be expected. To control bleeding, keep firm pressure over site by biting on gauze. Change gauze as necessary until bleeding has subsided.

SWELLING: If swelling occurs, ice should be applied to the corresponding cheek area. Ice packs should be applied for 15 minutes intervals until swelling has been relieved.

PAIN: A prescription for a pain medication may have been given. Use as directed by dentist. Any over the counter medications that do NOT contain aspirin may also be used.

FOOD: A light diet is advisable during the first 24-48 hours. A liquid diet is not necessary; however, keeping food from the extraction site is advised.

BONY EDGES: Small, sharp bone fragments may work up through the gums during healing. These are usually not roots; if annoying or painful, please return to the office for a simple removal procedure.

DRY SOCKET: To prevent dry socket avoid smoking, spitting, sucking through straws, carbonated and alcoholic beverages and any aspirin products as they are blood thinners.

****If any unusual symptoms occur please call our office immediately.** The proper care following oral surgical extractions will hasten recovery and prevent complications